



TITLE:

**EMBODYING PROFESSIONAL COACHING
AND NEUROSCIENCE IN PEDAGOGY**

SPEAKER: RACHEL PALING

PRESENTATION TYPE: ONLINE WEBINAR

Abstract

This webinar will explore how professional coaching and neuroscientific principles can be implemented to enhance pedagogy. From transforming teacher communication patterns to incorporating more inclusive practice to fostering student resilience, we will talk about the neuroscience of coaching, the positive attractor state and how to embody neuroscientific research. With the vision for the learning plus the resonant relationship with the coach educator, we can cultivate a positive learning culture, improve teacher-student relationships as well as provide teachers with the necessary tools to address the challenges of today and create a more dynamic and inclusive educational landscape.

Key takeaways:

- What is professional coaching?
- How can teachers become "coachers"?
- How can we embody the neuroscience and not just regurgitate the theory!

Biography

Rachel holds a BA Hons Law/Spanish distinction in spoken Spanish, MA Human Rights, MA Applied Neuroscience, MA Neuroeducation and Neuropsychology. She is also a fully qualified UK Lawyer (non-practising) and regarding language teaching has over 35 yrs teaching experience. As a professional coach, she is an International Coach Federation credentialed MCC Coach, a certified Coach Supervisor and registered ICF Coach Mentor. Rachel is the creator of Neurolanguage Coaching® and Neuroheart Education with the vision of helping teachers across the globe to adapt the way they teach to the learners of today, promoting 21 st century teaching. She is currently undergoing a DBA/PhD at The Weatherhead School of Management at Case Western Reserve University (CWRU), Ohio USA under the supervision of Professor Richard Boyatzis and is a Doctoral Fellow at the Coaching Laboratory, CWRU.