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TITLE:
PROFESSIONAL DEVELOPMENT AND TEACHER WELLBEING IN THE AGE OF AI

SPEAKER: BEATRIX PRICE

PRESENTATION TYPE: PLENARY

Abstract

In today's rapidly changing world, ELT professionals are expected to keep pace with the needs of their learners, the latest pedagogical approaches, and available resources. They need to improve their knowledge, skills and practice, while maintaining their enthusiasm, effectiveness and wellbeing. On this career-long learning journey, educators face unexpected twists and turns that challenge them to explore new possibilities, confront the unknown, and grow beyond their comfort zones.

In this talk, we will explore how educators can sustain meaningful continuing professional development (CPD) throughout their careers without compromising their personal wellbeing. At the same time, we will consider the role of digital technologies and AI in the educational landscape. We will examine whether these tools support our professional and personal growth or create an even wider gap between learners and teachers and between novice and experienced educators.

The session highlights that sustainable CPD is about making choices that foster professional fulfilment and long-term wellbeing.

Biography

Beatrix works as a teacher educator, researcher, and teacher trainer at the Department of English Language Pedagogy at the School of English and American Studies, Eötvös Loránd University (ELTE), Budapest, where she teaches pre-service teachers ELT methodology and other teaching-related courses. She has extensive experience in teaching learners of all ages. As an international conference presenter and teacher trainer, she gives talks, workshops and courses on continuing professional development, teacher wellbeing, teaching young learners, and integrating AI into language teaching and learning. Her interests include professional development, holistic education, using art in foreign language teaching, and professional learning organisations. In her PhD dissertation, she explored the role of teachers' associations in supporting EFL teachers' continuing professional development.