

TEAM BUILDING
ACTIVITY TO BE HELD
AT:

EDYOUFEST



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Our Proposal

Afternoon Team Building Session: 1.5 hours

This Adventure Afternoon will take you back to your school days and the Sports Days we used to have back then. Here's how the afternoon will be organised.

1545hrs Introduction

Introduction, Activity Briefing, Team Name draws (this will be done randomly by us on the spot, so that participants get to mingle with people outside of their normal crowd.)

1550hrs - Select your Team Name: The newly formed teams will have 5 minutes to discuss and come up with a name for their team (5 points for the most original name).

1600hrs Activity 1: Build your Own Mascot

Teams will have 15 minutes to build a team mascot using material that they find on location. The Mascot will need to be given an original name and the team must take a photo with it. Teams will be judged on creativity and originality. 5 points for the most original mascot + name.

1620hrs Activity 2: Egg/Spoon Relay...with a twist

This is a classic relay race where participants will have to carry a rock / pebble on a spoon from Point A to Point B. This race will be in the form of a relay, therefore, as soon as Participant X, reaches his destination, Participant Y leaves. Once all participants complete the relay, they must form a human pyramid and get it photographed. That is when the timer will be stopped and the winner of this round will be announced. 5 points go to the winning team!

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1640hrs Activity 3: The Floor is Lava

In this activity participants will be given the simple task of fitting their whole team into a fixed space....the only trick is that this space keeps getting smaller, and smaller and smaller. The smaller it gets, the more creative they need to be. 5 points go to the last team/s standing.

1655hrs Activity 4: Let's Shape up

Each team is asked to sit in a circle holding a long piece of string, so that they are making the shape of a circle using the string. At that point the teams will be given instructions to form different shapes...each time with a time limit. There will be 2 points for every team who completes the activity first and in the correct manner.

1710hrs Conclusion & Results

Once we count all the points, the results are verified and added and the winning team is announced.

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