

EdYOUfest

Free Online Webinar



MÓNICA RODRIGUEZ SALVO



SOCIAL AND EMOTIONAL LEARNING

December 14th 2022

14.00 GMT

Register at www.edyoufest.org

Mónica Rodríguez Salvo

Social and Emotional Learning – December 22nd at 2pm UK time

Abstract: Social and Emotional Learning can help your students tap into their passions, regulate their emotions, activate their global gene and foster more positive, nurturing relationships. Likewise, SEL promotes acceptance and empathy, and is proven to foster more caring environments for both teachers and students. Research suggests that SEL is key in building emotional resiliency in individuals. The aspects of cognition that are required most heavily in education, including learning attention, memory, decision making, motivation and social functioning are profoundly affected by emotion. Hence, how we feel affects how we learn and what we learn. In this session, we will explore the nature and practical implementation of SEL

Biodata: Monica is a graduate teacher of English and a Sworn Public translator. She holds a postgraduate degree in Human Resources Management by Universidad de Belgrano and is as a certified and accredited Neurolanguage Coach. Monica is also a Mindfulness practitioner graduated from University of California (UCLA) and holds a diploma in Social and Emotional Learning from San Diego University. She currently runs her own Educational Institution, InspirED Consultora Educativa, reaching out to hundreds of students and teachers around the world. As an international speaker, she has presented extensively in Argentina, Uruguay, Chile, Colombia, Brazil, IATEFL UK, Peru, Germany, TESOL France, TESOL Spain, ASCD United States with plenary, semi plenary and workshop sessions. She has authored 3 Social and Emotional Learning sections and activities for different levels and books.

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