

## EdYOU Fest Mentoring Academy

### Bio:



**Rachel Marie Paling** founded Efficient Language Coaching in 2008 and created the method Neurolanguage Coaching®. Rachel is currently doing a Doctorate at Weatherhead adults over 35 years ago. She has a BA Honours in Law and Spanish, a Masters in Human Rights and Democratization (EMA) and qualified as a UK Lawyer in 2003. She combined her teaching experience, her specialisation in business English and her legal knowledge to coach top executives across Europe. She

has created the new method and approach called Neurolanguage Coaching® and has trained nearly 1200 language teachers worldwide certifying them as Neurolanguage Coaches with her training course, one of the only language coaching certification courses in the world accredited by International Coach Federation USA. She is a professional coach with the PCC Credential from the International Coaching Federation and also holds an MA in Applied Neuroscience and a master in Neuroeducation and Neuropsychology. Rachel is currently doing a Doctorate at Weatherhead School of Management and a Doctoral Fellow at the Coaching Laboratory at Case Western Reserve University.

### Areas of Expertise:

**Coaching**  
**Entrepreneurial skills**  
**Neuroscience/Neuroeducation**  
**ICF Coach Mentoring**  
**Certified Coach Supervision**